

**SAVE THE DATE**

**A HEALTH  
& WELLNESS  
EXPO**

A blue stethoscope is positioned over a large blue heart icon. The stethoscope's tubing forms a shape that partially overlaps the heart.

**Wednesday, June 5, 2019**

**From 12 PM to 2 PM**

**The MassLive Building  
1350 Main Street | Springfield, MA**

**This event is for tenants of 1350 Main Street**



**JOIN US FOR:**

- **Health & Wellness Vendors**
- **Fitness & Nutrition**
- **Health Screenings and much more!!**

*Hosted by 1350 Main Street LLC, Eastco Realty and A Balanced Life*

**[www.abalancedlifeexpos.com](http://www.abalancedlifeexpos.com)**